

St. Andrews Heights Community Newsletter



October 2009

September has been a busy month and I am pleased to report on progress in several areas. Our New Horizons for Seniors Program has enjoyed many successful events and more are planned for October, November, and December. Events are posted on our website and many thanks are owed to Betty Schmidt VP for leading this program. And thanks to the many participants.

The Community Center is now a Wireless Hotspot!!! Those using or renting the Community Center (and for about 20 meters beyond the walls) wireless internet is available to anyone wishing to use it; no password is required. I am aware that several Seniors in the community have laptop computers but are uncertain about getting internet. The installation of wireless access provides an opportunity to learn about email and the internet. The service will be reassessed in 1 year.

I am in receipt of concerns about traffic speed and parking. I regret that evaluation and intervention can take considerable time. Consensus at many levels is required. I do appreciate receiving your concerns and remind all residents and visitors to drive carefully.

Thanks for the positive feedback on flying our National Flag at the Community Center. We shall be sharing some of the history behind our flag and flagpole in a future newsletter. Many thanks to John Howarth and his team of volunteers for making the Community Membership Drive possible! Those who missed the canvassers can find an application form on the website.

In brief, we appreciate that the Tennis Courts are in need of maintenance. Tree roots can be a difficult problem but it is clear that the residents value this asset. Otherwise, the minutes of Executive Committee meeting are posted on the website. They are approved at the subsequent meeting which explains the delay in posting them.

Best wishes, Jeff Schaefer

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Community Executive 2009-10

President	Jeff Schaefer	403-289-0625
Past President	Liz Murray	403-282-8309
Treasurer	Gitte Julien	403-282-2795
Secretary	Lorna Beairsto	403-274-4431
VP Sports	Adev Ahluwalia	403-284-4110
VP Facilities	Michael Fuchs	403-282-5246
VP Comm & Events	Marni Benson	403-226-0315
VP Seniors	Betty Schmidt	403-282-8949
	VP Planning—	
Non-Residential	Liz Murray	403-282-8309
Residential	Adev Ahluwalia	403-284-4110
Hall Rentals	Heather McQuay	403-288-1022
Newsletter	Gwen Schaefer	
	newsletter@standrewsheights.ca	
Policing Officer	vacant	
Hall Telephone		403-282-5211
Webmaster	Jeffrey Schaefer	
	webmaster@standrewsheights.ca	

The deadline for submissions for the October issue of the St. Andrews Heights Community Newsletter is: October 23 , 2009

Delivered nine times a year, September through December, and February through June, to over 400 homes.

Please direct all requests to the Editor: newsletter@standrewsheights.ca, or Gwen at 289-0625 or mail to: St. Andrews Heights Community Association 2504 – 13 Ave NW Calgary, AB T2N 1L8

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BLUE CART RECYCLING by Jeff Schaefer

St. Andrews Heights residents have had many positive comments about the Blue Cart Recycling Program. It's convenient and more comprehensive than what most of us have previously used. However, I've received several concerns from residents that have found their cart tipped over and the contents strewn about the alley. Presumably, this arises when individuals go from cart to cart in search of bottles or other containers that can be exchanged for cash.

It is not my place to tell residents how to participate in the program. And it is entirely permissible to place refundable containers into the Blue Carts. However, doing so does increase the chance that your cart will be searched for bottles. Placing the carts into your garage (if you have one) during non-collection days, returning refundables to the bottle depot, saving them for collection by local community groups, or donating them are some suggestions that I am passing on to you for your consideration.

Happy recycling!

SAH COMMUNITY ASSOCIATION MEMBERSHIP DRIVE

John Howarth – Membership Chairman

The Membership Drive was still running at the time of the deadline for articles for the October issue of the Newsletter so returns are still coming in, and more details will have to wait for another issue. However, if we missed you at your door for whatever reason, and you would like to take out a membership, you may use either the form left by your canvasser or the one below:

SAH Membership 2009-2010

Name: _____

Address: _____

Telephone: _____ E-mail: _____

Membership Type(s): Family @ \$25:__, or Senior @ \$15:__ (plus Additional: #__ @ \$5 ea:__)

Please return form with cheque made out to SAH Community Assoc to:

John Howarth, 2911 – 11th Avenue NW, T2N 1J1.

SENIORS PROGRAM: Mondays 9:30-12:00

We had our First meeting September 14th. About 20 people attended. We had an opportunity to reconnect with our neighbors. Unfortunately the internet hook up did not go smoothly so we had fun with the Wii. We are now fully functional. The community has purchased 2 computers for Senior's use. We will reschedule the internet session. Hopefully those who are computer literate will help those who want to learn. The computers will be available every Monday and Jacquie and I will attempt to show you how to use email and browse the net.

We had a very poor turnout for Bridge last Monday. As a result we are not offering bridge lessons at this time.

We have a tentative program for every Monday up until Christmas. However we welcome your input regarding guest speakers, topics and activities . We are trying to improve our communications by posting our activities on the community website, in the Newsletter and on the bulletin board. Please check these regularly as there are a few occasions when the hall will be booked. On those 2 occasions we have walks planned.

Does anyone have any board games or dominos in good condition that you would like to donate to the group? Also we are looking for Volunteers to provide us with cookies or muffins for our Monday Meetings. Is there someone who would be willing to be our phone person, If necessary. Your contact information is requested. There will be a sign up sheet each Monday and I will start a file of senior's phone numbers and email addresses for our use only.

The Turkey supper is sold out. I am looking for a few volunteers to help set up tables and move furniture. Could you please be there at 12:30 on Sunday October 4th? Appetizers and cash bar at 4:30. Dinner at 5:30

Thanks, Betty



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- Local St. Andrews Heights references provided on request.

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SENIORS EVENTS FOR OCTOBER

Sunday, October 4—Community Turkey Dinner (Sold Out)

Monday, October 5—Jeff Schaefer talks on H1N1 and other Communicable Diseases

Monday, October 12—Thanksgiving, No Activities

Monday, October 19—Board Games and Computers

Monday, October 26—Walk to see new services at the U of C

All events take place or meet at the Community Centre at 9:30am

ICE MATTERS by Nik Rasula

Your ice-rink committee is placing an open call for all who want to be involved with the outdoor rink for this year. As in years previous, all potential candidates will be screened, with the best making the final cut. Candidates will be tested for, among other things, speed, strength, explosiveness, and agility. All testing will be done on a time-reserve basis, with testing dates set for October 24th and November 7th.

Times can be reserved by contacting either;

Roger Smith @ 403-289-0431

Larry Lozinski @ 403-289-0431

Nik Rasula @ 403-282-8098


Best of luck to all!

In other news, kudos to Cameron Blair!

Cam grew up in St. Andrews and is the son of Jack and Leslie Blair on 11th Avenue. For those not in the know, Cam is a soccer referee of significant repute and recently completed a July assignment between the *Los Angeles Galaxy* and the fabled club *AC Milan* of Italy. The *Milan* side featured an English National named David Beckham. Quite something!

From all accounts, Cameron did a great job and is in line for bigger and better things in the world of soccer. Congratulations Cam!

When Ice Matters caught up with him, he responded "the game was a tremendous experience". When asked about his next goals, he replied "Being considered for the 2010 World Cup in South Africa would be great, but my ultimate goal, like everyone that grew up in N.W. Calgary, is to become a member of the St. Andrews Ice-Crew". Well said Cameron, and best of luck with all of your aspirations old buddy!



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LEAVES AND PUMPKINS AND SO MUCH MORE! by Liz Murray

It's that time of year again to collect your leaves and pumpkins to recycle them at the City drop off in the gravel parking lot on the east side the hall by the baseball diamond. Did you know that you can also include any other fruits and veggies you might have as well as all other plant material from your garden? **DO NOT** include any branches, pinecones, rocks, sod, sofas, clothing, car batteries, mattresses, garbage or other household items that we see quite regularly. These items are considered illegal dumping. Please do not leave your bags at the hall because someone from the community will have to move them. The site will be open from October 3 until November 8th. please make sure everything is bagged.

**Halloween Party for Children of Varying Ages
at the Community Center on Saturday, October 31st.
Details to follow on the website at: www.standrewsheights.ca
And on the bulletin board outside the community centre.**

TANKLESS HOT WATER

Already popular in Europe, tankless hot water systems that provide hot water on demand are beginning to be introduced in the North American market. These systems don't require a full tank to be constantly heated in order to provide hot water on demand. Instead, small units located along the pipeline supply, close to the faucet(s), heat the water as it passes through. This system uses a process that is similar to the way a coffeemaker or dishwasher delivers hot water.

The idea is logical: heat the water only when you need it, and heat only as much as you need, instead of storing it in large quantities for the next time you want it. These units are not inexpensive, and you may require more than one, depending on the size of your home. However, they offer a practical approach to energy efficiency that can save money over time, and may help claim some new living or storage space as well.



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SYMPATHY FROM THE COMMUNITY

MARGARET AGNES HAMILTON (nee BURNS) May 17, 1916 to August 23, 2009

SYMPATHY FROM THE COMMUNITY TO THE ELLISON FAMILY

A long time resident of St. Andrew's Heights, Marg Ellison had celebrated her 93rd birthday. Quite a milestone! (I quote some information from her family).

"Born in NYC, moved to Calgary as a child, then returned to NYC to study fashion and design. Marriage during WWII brought her back to Canada and to her husband's postings.

Marg was a quiet, amazing and interesting lady who shared her time, talents, and interests with adults and children alike, and was a mentor to many. She will be fondly remembered by those to whom she was most supportive and generous with "time, muffins, love and money". She taught Sunday School, was passionate about nature, peace groups, loved hiking and music and maintained her interest in fashion and design. She supported many groups, enjoyed yoga and Book Club.

She will be missed by many. She is survived by her four children, Darcy (Paula), Shannon, Erin and Kerry (Kevin), two grandsons Mitchell Christoferson and Shane McLaughlan, and by her younger brother Fred Burns.

She was predeceased by her son-in-law Michael.

A Celebration of her life was held at Parkdale United Church Wed. Sept, 23rd , 7pm, @ Parkdale United Church 2919-8th Ave. N.W. (condolences <http://www.mhfh.com/>)

INFORMATION

As we begin another "Community Year", may I remind readers that as an "obituary" contributor I may not always hear of the passing of a community member. A message may be left for me at: 403-282-7395 Betty Proudfoot

Littering Education and Enforcement –
Keeping Calgary Clean

We all know that litter and waste, if not disposed of properly, can have a negative impact on the enjoyment of our public spaces. Studies also show that litter, in addition to graffiti and abandoned grocery carts, gives the perception that no one in the community cares. This can lead to increased incidents of crime.

Littering offences are addressed in the **Street Bylaw** and the **Parks and Pathways Bylaw**. In the City's continuing commitment to promote safe, clean and healthy communities, changes have been made to these bylaws to improve how we deal with litter in our streets and parks.

In September 2008, the Street Bylaw was changed and fines were increased for littering on any portion of a street. Offences now include littering from a vehicle or disposing of burning litter, such as cigarette butts. Similar changes were added to the Parks and Pathways Bylaw. Waste or burning waste must be disposed of in designated receptacles and no person shall leave or dispose of waste from a vehicle.

At present, Animal & Bylaw Services is collecting data and will be using these statistics to begin educating and working with calgarians to promote awareness about the bylaw changes. Following the education phase, enforcement will be stepped up, so be prepared. Fines range from \$500-\$1000 for offences such as throwing that fast food wrapper on the ground or carelessly tossing a cigarette out the window.

If you are concerned about litter or waste in a public area, call 3-1-1. Burning litter and litter disposed of from a vehicle can become safety concerns, so we encourage citizens to report these offences.

For more information about the recent bylaw amendments and subsequent fines, consult the Street Bylaw and Parks and Pathways Bylaw at calgary.ca/bylaws or call 3-1-1.



FRIENDS OF FISH CREEK PROVINCIAL PARK SOCIETY
OCTOBER SPEAKER'S SERIES

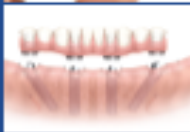
Bluebirds in Calgary

Thursday, October 22, 2009

7:00 – 8:00 pm – Fish Creek Public Library (3rd Floor)

Free to Friends Members and \$5.00 for non-members. Registration Required.

Presented by Marijke Jalink-Wijbrans, Wim Jalink, George Loades, Don Stiles
Mountain Bluebirds depend to a large extent on humans for survival. For many years Marijke, Wim, George, and Don have monitored bluebird trails and banded bluebirds around Calgary. Banding results provide a large amount of information about the age of the birds and where they were found or recaptured. In addition to a slide presentation, this talk will feature displays, different nesting boxes, and maps of the flight paths of mountain bluebirds and tree swallows. You will also learn about building birdhouses and how they benefit bluebirds and tree swallows in Calgary.



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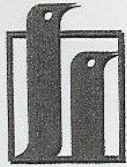
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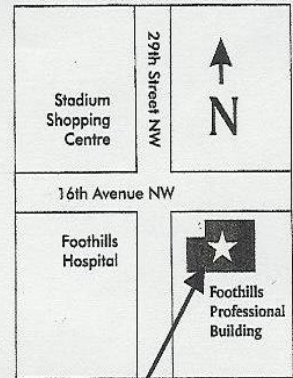
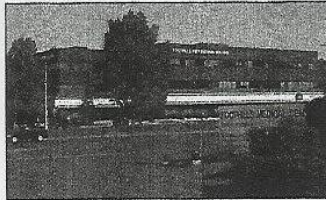
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Home-Start have openings for volunteers. We help families with at least one child under the age of 5. In the families own home.

You don't need to be a super nanny to help parents with young children . . .

Do you: Enjoy making new friends? Know first hand the stresses of bringing up children? Sincerely like to listen?; Relate well with children? Like to offer practical assistance? Have children of your own and would like to support another mom?

Being a parent is one of the toughest jobs in the world. All parents experience times of doubt and despair. Why not share your skills and knowledge with another parent?

For more information, please contact Marion Paulson at The Bowness Boys and Girls Club: 403 571-0516.



Community Events

Keep Fit Classes - Mondays and Wednesdays starting Sept 14th 7-8pm in the school gym. Call Karen 403-289-7820

Art Group - Wednesdays from 1 to 3:30 pm at the Community Hall. For information call Betty 403-282-8949

The **Annual St Andrews Food Bank Tea and Fundraiser** will be held on Saturday, November 7th at 10 am. Mark your calendars and plan to come out and support the Calgary Interfaith Food Bank.

St Andrews Anglican Church
1611 St Andrews Place NW

Annual Tea & Bazaar Saturday, November 28 from 1 pm to 3:30 pm. Admission is \$4.00 and includes refreshments, a door prize and a light lunch. We have many crafts, baking, gourmet items, frozen food, gifts and treasures. If you have any questions please call 403-282-3234, wheel chair accessible.

Classified Ads

Lost: Family heirloom yellow rose removed from 1661 St Andrews Place NW in July. Reward offered for information about the whereabouts of this plant. Contact owner at 403-338-0313

Wanted: Cleaning Lady for approximately 4 hours every 1-2 weeks. Please call 403-284-1796

Free: Plants and pots; dozens of healthy young red geraniums before frost time for your green house. Please call 403-289-7426

A color version of the newsletter is available on the SAH website!
www.standrewsheights.ca

Halloween Party for Children of Varying Ages

Where: Community Centre

When: Saturday, October 31st

Details for follow:

Happy Halloween 