

St. Andrews Heights Community Newsletter



March 2009

President's Report by Liz Murray February 23, 2009

www.standrewsheights.ca

Once again, the community hall was the target of graffiti with some "artwork" being added to the tennis courts. There were also a number of other incidents throughout the community including mailboxes, light posts and parks garbage cans. It's up to everyone to do their part in reducing graffiti. If you see something damaged, please report it immediately to 311 or send me an e-mail (president@standrewsheights.ca). If you see graffiti in progress, the police are asking us to call 911 to report it.

The community was recently awarded a substantial amount of money to run some programs for the 55+ portion of the community. Unfortunately, we do not have a person to organize this effort and report to the SAHCA Board with monthly updates. If you are interested in helping out, call me at 403-282-8309 otherwise we will be returning this money to the federal government.

As the AGM approaches, we always lose a few board members to retirement and put out the call for new board members. There is a dedicated Board in this community that oversees everything from managing the community money to dealing with the City on development and crime to ensuring we continue to operate the rink, the newsletter and the hall as well as many other things. People need to step forward to ensure the community association continues to operate. Please call me if you can help.

Nuria Harrison will be organizing the community clean up once again this year. This usually happens fairly early in May so watch for updates in upcoming newsletters.

Soccer season is fast approaching. Just a reminder if you plan on registering your children for any of the soccer programs, you must have a community membership. If you need to purchase one, you can contact John Howarth at 403-284-3518.

The next meetings of the Community Executive are at 7 pm on March 23rd, April 27th and May 25th. The AGM will be held in June, date TBD. All community members are welcome.

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The deadline for submissions for the April issue of the St. Andrews Heights Community Newsletter is: March 20th, 2009

Delivered nine times a year, September through December, and February through June, to over 400 homes.

Please direct all requests to the Editor: newsletter@standrewsheights.ca, or Gwen at 289-0625 or mail to: St. Andrews Heights Community Association 2504 – 13 Ave NW Calgary, AB T2N 1L8

Community Executive 2007-08

President	Liz Murray	282-8309
Past President	Guy McLaughlin	284-0554
Treasurer	Gitte Julien	282-2795
Secretary	Michael Fuchs	282-5246
VP Sports	Adev Ahluwalia	284-4110
VP Facilities	Doug Connery	282-3540
VP Comm & Events	Pia Blum	284-2526
VP Seniors	vacant	
	VP Planning—	
Non-Residential	Liz Murray	282-8309
Residential	Adev Ahluwalia	284-4110
Hall Rentals	Heather McQuay	288-1022
Newsletter	newsletter@standrewsheights.ca	
Policing Officer	vacant	
Hall Telephone		282-5211
Webmaster	webmaster@standrewsheights.ca	

Newsletter Advertising Rates

- Half page \$45.00
- Quarter page \$35.00
- Business card \$25.00
- Classified ad \$3.00
- Lost or found no charge
- Large items, houses for sale or rent \$25.00

SOCCER REGISTRATION AND EQUIPMENT EXCHANGE

**WEDNESDAY MARCH 18, 5 PM – 8 PM
AND**

SUNDAY MARCH 22, 3:30 PM – 5:30 PM

S.A.H. COMMUNITY CENTRE

REGISTRATIONS WILL NOT BE ACCEPTED AFTER MARCH 23

U18 (1991-1992), U16 (1993-1994),

U14 (1995-1996), U12 (1997-1998) – FEE \$70

U10 (1999-2000), U8 (2001-2002), U6 (2003-2004) – FEE \$60

Starters (2005-2006) – Parent Participation Required – FEE \$25

- Registration fee includes: shirt (new shirts ordered at time of registration – no returns or refunds), team and individual photos. Note – starters do not receive shirts.
- You must hold a current Community Membership to register
- Registrants from outside SAH must purchase a Community Membership
- Please bring cheque payable to St Andrew's Heights Community Association
- Bring any equipment you would like to exchange
- Season runs from mid-April to end of June
- We are looking for volunteers for coaching and other duties
- Volunteers required for Soccerfest Party – 2 couples to take on duties
- This is a wonderful opportunity to meet neighbourhood parents and children!

For more information, call Alan Nixon at 403 875 7556

SYMPATHY FROM THE COMMUNITY

Julia Margaret (Breeze) Revak passed away Dec. 19, 2008, at the age of 65. She is survived by her husband Robert, sons Nicholas and Christopher and grandsons Adam and Rowen, also by her sister Antonia Fehrmann of Vernon, BC and brother Oliver Breeze of Charlottetown PEI. Born in Hertford England, she graduated from Crescent Heights H.S., University of Calgary, University of Alberta, taught in Uganda as a CUSO volunteer, spent years in Calgary volunteering as a Docent at Glenbow Museum, and as a faithful volunteer with St. Andrew's Community. In 1998, with her diploma from S.A.I.T., Julia worked as a legal librarian. She was passionate about the vast outdoors. Her quiet contributions to community and the world will not be forgotten. In Julia's memory the family has made a financial contribution to the HANADA ORPHANAGE for Aids orphans, currently being built in Mfuwe, Zambia by local women. In memory: a trust Fund is set up for this organization at any TD Canada Trust. A memorial service was held at St. Andrew's Anglican Church, January 31, 2009.

John Howard Palsgrove (Feb. 22, 1924 - Jan. 29, 2009) was born in Colorado, raised in Denver, enrolled in the U.S. Navy as a Flight Cadet. He joined Sigma Nu Fraternity, and received his degree in Geology from the University of Colorado, after which he spent fifty years in Calgary's oil industry. John and his wife of fifty years, Marilyn (Morrison), met in Regina. John was an active and dedicated member of St. Andrew's Heights Community Association, volunteering his time on the executive, and coaching many softball and soccer teams (time enjoyed by both coach and players). John was known for his quick wit and sense of humour. He enjoyed time at Invermere, hiking and skiing. John was a devoted husband, father, and grandfather, and will always be remembered lovingly by his wife Marilyn, three daughters Susan (Kevin Phillips); Virginia (Chris Alig); and Regan (Bruce Ayrton); grandchildren Paige, Gina, and Ellen Phillips, and Jack and Ivy Ayrton. He will also be missed by his sister Katherine (Pat McCourt). Dr. Steven Bowen, and Dr. Christina Moran each played a part in helping John deal with his illness. Leslie Ellis and the ALS Clinic helped to make his life easier. In addition, John was able to remain at home with the tireless support of the staff of the ALS Society of Alberta. In lieu of flowers, memorial tributes may be made to the ALS Society of Alberta, Ste. 400, 320 - 23rd Ave. S.W, Calgary AB, T2S 0J2. A celebration of John's life was held at the Calgary Winter Club on Feb. 9th, 2009. St. Andrew's has lost a loyal supporter.

ART SHOW AND SALE

St. Andrew's Art Club will present an impressive show and sale on Sat., April 4 from 10 a.m. to 4 p.m. at St. Andrew's Community Hall. Sales will be by cash or cheque only. For those of you who are computer users, do click on our St. Andrew's website for examples of artists' work. Click on: www.standrewsheights.ca under Art club (Members' Works). This is a Club with a mission to Learn AND to Enjoy. See you on Sat. April 4, 2009. Light refreshments.

St. Andrew's Heights Art Club is open for membership to all who wish to expand their artistic endeavour. We welcome those of you who wish to join us for the fun of learning the multi facet sides of art, and to enjoy the fellowship each Wednesday brings.

For information: Betty (403) 282-8949 or Betty (403-282-7395)

New Eco-Friendly Fireplaces

The timing couldn't be better for the new generation of fuel-burning fireplaces, stoves and heaters. These models offer natural flame-burning options while satisfying consumer concerns about improved fuel efficiency and reduced emissions.

There is currently a choice of at least two new distinctive fuel-burning fireplace options: high-efficiency units that burn compressed wood pellets made from natural sawmill waste, and smokeless ethanol models that display an open flame but typically don't require venting. Both types have models that feature natural looking ceramic logs to enhance the flame.

Manufacturers of these units also promote the heating capabilities of fuel-burning fireplaces, and the low or negligible emissions they produce. So, if you are in the market for a new fireplace or stove/heater, these options may be worth considering.



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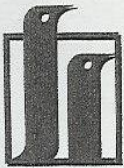
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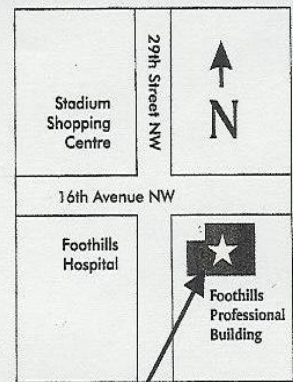
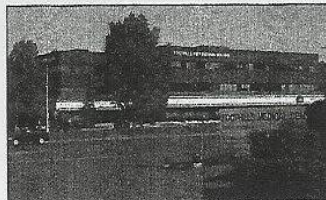
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The Curtain Goes Up on the 2009 Festival! By: Bonnie Elgie

If things get better with age, then this is certainly true of the Calgary Kiwanis Music Festival! Now in its 78th year, the 2009 event is shaping up to be the biggest, most diverse festival yet with new classes, more entries and many new adjudicators.

"We're very excited about all that this year has in store," says Mary Ross, Festival Director.

"We've seen a significant increase in entries, especially in the Musical Theatre category." In recent years, Calgary has hosted a large number of touring and community productions of popular musicals. Calgarians have been treated to everything from Rodgers and Hammerstein to Andrew Lloyd Webber. Audiences who attend Musical Theatre classes at the Festival are always delighted by the variety of music and talent displayed.

At a time when many people are watching their budgets and the amount they spend on entertainment, the Festival provides tremendous value. All of the classes and performances are free to the public, with the exception of the special evening concerts. Given the diversity of the classes and the range of ages and skill levels of the performers, there really is something for everyone! For concert information and tickets, please visit www.calgarykiwanisfestival.ca or call 403-283-6009.

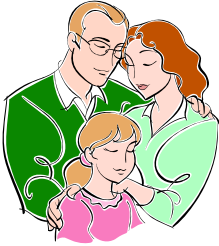
One of this year's unique additions is the Robbie Burns classes commemorating the 250th anniversary of the famous Scottish bard's birth. Students in vocal, speech arts and choral speech categories will highlight some of his greatest works.

Non-competitive piano classes have also been added. We received a good response from both youth and adults. As one participant said "This is great - I get to play for an audience and receive a critique from the adjudicator without the pressure of competition!"

This year, the Festival is pleased to welcome many new adjudicators. This talented group comes from across Canada and the United States. They will evaluate and provide feedback to the 10,000+ performers taking part in the Festival. It's a wonderful opportunity for participants to learn from exceptionally qualified and knowledgeable individuals.

As always, we are indebted to the volunteers for the countless number of hours they give to the Festival. Their backgrounds may differ but they do have one thing in common and that is a love for music and the speech arts. This event could not be produced without them.

As the curtain goes up on our 2009 Festival, we look forward to seeing many old friends at the concerts and classes, and hope to meet many new people as well. It promises to be another remarkable year. See you at the Festival!



VOLUNTEERS NEEDED

Home-Start in Calgary, is looking for volunteers who are Moms, Grandma's or individuals with parenting experience to visit young families. The time commitment is about three to four hours a week. Training will be provided. Make a difference to a young family.

Home-Start is an International program that is running in 16 countries throughout the world. It originally came from Great Britain, and has been supporting families in their homes for over 34 years.

For more information please call Marion @ 571-0516 (if you live in



the North) or Dee @ 717-2678 (if you live in the south).



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Friends of Fish Creek Provincial Park Society Speaker's Series brings to you Niitsitapiisinni "Our Way of Life"

Presented by Gerald Conaty, Glenbow Museum

Thursday, March 26, 2009 7:00 - 8:00 pm

Fish Creek Public Library
3rd Floor 11161 Bonaventure Dr. SE
Calgary, AB

(east side of South Centre Mall and beside the Safeway)

The Blackfoot people, or the Niisitapi, have called western North America home since time immemorial. The Niisitapi culture emphasizes respect for nature, holds elders of the community in high esteem and focuses on family bonds. Come learn about Niisitapi and the ongoing exhibit - **Niitsitapiisinni "Our Way of Life,"** the culmination of 10 years of collaboration and friendship, showcases artifacts from Glenbow's world-renowned Blackfoot collections.

Registration Required.

Free to Friends members and \$5.00 for non-members.

Please contact the Friends of Fish Creek at 403-238-3841 or info@friendsoffishcreek.org

LOUISE RILEY LIBRARY

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Customers who are unable to visit the library due to illness or disability can arrange to have a library volunteer regularly select, deliver and exchange materials. This free service is available to customers who live in their homes, continuing care centres, auxiliary hospitals, or seniors' residences. To arrange homebound library service call (403) 260-2702.

New Eco-Friendly Bags

The Calgary Public Library is playing their part in helping to make us a plastic bag free world - our rich purple eco-friendly bags can be purchased for \$1.25 at any of our locations.

WINTER PROGRAMS 2009

Programs are FREE with a library card.

Register in person, by calling 260-2620 or online at www.calgarypubliclibrary.com

Hero Storytime: Firefighter

Join us for books and stories, then meet a firefighter, try on some gear, and see a fire truck!

Ages 5 to 12

Saturday Mar 14

10:30 - 11:00 a.m.

StoryPALS

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Ages 6 to 12

Thursday, Feb 26 to Apr 2

7:00 - 8:00 p.m.

Picturing Calgary's Past

Enjoy a slideshow presentation on Calgary's most fascinating historic buildings and the intriguing stories of the people behind them.

Ages 50 and up

Wednesday, Mar 25

1:00 - 2:30 p.m.

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Membership Awareness Month

The Federation of Calgary Communities would like to announce that March is Membership Awareness Month. As proclaimed by Mayor Bronconnier March is the time of year that Calgary celebrates the value of belonging to your Community Association. Membership in your community comes with many benefits like discounts on your home and automobile insurance not too mention opportunities to meet your neighbours, participate in social programs and make sure that your interests are represented on local and City-wide matters. Being part of your community is an important step to improving neighbourhood life.

Also as part of March membership awareness month the Federation of Calgary Communities has partnered with different organizations to offer discounts to Community Association members, including discounted Calgary Roughneck tickets! For more information contact the Federation of Calgary Communities at 403 244-4111 or go on-line www.calgarycommunities.com .

Remember building a friendlier, safer Calgary begins in your own backyard; join your community association today!

ALBERTA PARKS AND PROTECTED AREAS

A Five Part Presentation Series

Second Wednesday of the month beginning October 8th (October 8th, November 12th, January 14th, February 11th and **March 11th**) 7:00 p.m., The Cochrane RancheHouse

101 RancheHouse Road, Cochrane (Located .7 km north of the Highway 1A and Highway #22 intersection in Cochrane). Admission: \$6.00 per person includes GST. (Space is limited). For more information consult our website at www.fish-creek.org.

FIFTH PRESENTATION:

Fish Creek – Wading Through Our Wetlands

Wednesday, March 11th, 2009

Presenters: Jennell Rempel, Wetland Education Specialist and Roland Kirzinger, Teacher in Residence and Outreach Specialist, Fish Creek Provincial Park, extreme wetland enthusiasts.

For more information or to book your seats in advance, **phone 297-7927**.

Community Events

Keep Fit Classes - Mondays and Wednesdays 7-8pm in the school gym. Call Karen (403 289 -7820)

Art Group - Wednesdays from 1 to 3:30 pm at the Community Hall. Information (403-282-7395)

Classified Ads

Family looking for rental opportunity in St. Andrew's. Please call Rosemary @ 403-284-2384

A color version of the newsletter is available on the SAH website!
www.standrewsheights.ca



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